



Psalm 34:1-3

I will always thank the LORD;
I will never stop praising him.

² I will praise him for what he has done;
may all who are oppressed listen and be glad!

³ Proclaim with me the LORD's greatness;
let us praise his name together!

Intro

This is our final week of thinking about praise. We have had a peek into heaven with John. We've seen that heaven is full of praise for God, because he is holy, and because he has made everything. We have seen that heaven is full of praise for Jesus because he died for us and was the only one who was good enough to complete all of God's plans for the world.

Our Passage,

Our passage this week shows us how and when David, someone who loved God praised. It helps us see how we can praise God. We are told in our bibles that Psalm 34 is an acrostic poem, David took every letter of the Hebrew alphabet, and wrote a sentence of praise to God beginning with that letter.

Never stop praising God always, in good times and bad times. V1

ESV- I will bless the Lord at all times.

We're also told that David wrote this psalm when he had recently heard that Saul was trying to kill him. He had been living in the King's palace, and he had to run away, leaving his best friend Jonathan behind, and his reputation (1 Sam 21:1-14)-he had to pretend to be incapable of being in charge of an army.

David is praising God in times that are bad for him.

David never stops praising God

We, especially children have crazes, a TV programme, a new hobby, a new game in the playground. These things are fun and it's okay to move on from one thing to another, but praising God should never be a craze we grow out of, or probably more realistically as parents, a craze we need to grow into.

Thank God for what He has done. V2

Thanking God is one way to praise him, especially thanking him for what he has done. One of the activities for today is for the children and young people to write their own acrostic, thanking God for all that he has done.

Praise God together. V3

This isn't easy at the moment, but families can praise God together It is a good thing, although not always easy in every home, for and sons and daughters being involved with, or watching parents praise God (singing songs, reading the bible, praying)

Activities

Never stop praising God in good times and bad times.

Pebbles Rocks and Boulders

Good times

Think about times when you have been happy.

Did you praise God?

Ask God to help you to remember to praise Him in good times



Bad times

Think of times that have made you sad
Or upset

Did you Praise God?

Ask God to help you to
Remember to praise Him in bad times



Rip Rap

Never stop praising God always, in good times and bad times. V1

We have been thinking about praising, Praising God, and Praising Jesus over the last two Sundays.

We have seen that God is praised in heaven and Jesus is praised in heaven.

Our passage this week shows us how David praised God, so it helps us see how we can praise God.

Read Psalm 34 v1-3

Underline the statements that are true

1. We don't need to praise God until we get to heaven
2. We should praise God all the time
3. We should praise God when we feel like it
4. We should praise God when we don't feel like it.



Praising God at all times

When is it hardest to praise God?

Think about good times-Did you praise God?

Ask God to help you to remember to praise Him in good times.

Think about bad times-Did you praise God?



Ask God to help you remember to praise Him in bad times.



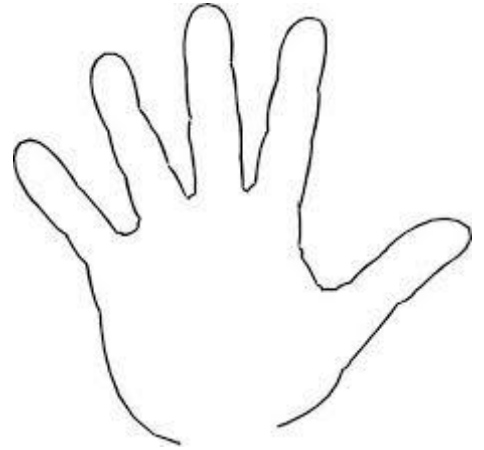
Thank God for what He has done

Pebbles and Rocks

Think of up to five things you can thank God & Jesus for depending on age.

'Attach' one thing to each of your fingers and your thumb as an aid to remembering them throughout the week and beyond.

For those children who can read you might want to draw around a hand and write on each finger and the thumb one thing you want to thank God for.



Boulders and Rip Rap

Thank you God, Acrostic

Complete the acrostic poem on the next page

For every letter write down something that you want to Praise God or thank God for, see if you can complete all 24 during the sermon

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Here's a few to get you thinking, it's not easy, but work at it.

Able to do anything

Bible

Coming to earth

Dying on the cross

Everlasting

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P

Q

R

S

T

U

V

W

X

Y

Z

Praise God together

Pebbles Rocks and Boulders

Spend some time together singing songs.

You might want to make some shakers



or if you're feeling even more creative...



If you are unsure what to sing then search "Awesome Cutlery" or Colin Buchanan on You Tube etc,

Rip Rap

Here's one you might like

Lion and the Lamb Leeland <https://www.youtube.com/watch?v=rT-HuIZ6TQA>