



E-Kids: At home with your family 15th November 2020

Genesis 4:1-16 (Good News Translation)

If you have joined in with our virtual church services since lockdown it's lovely to have you with us. There are activities we would like to use that we cannot for copyright reasons put on our website. If you would like to receive these activities, we can send them to you via email at the following address - toni.davies@bramcote.church

Cain and Abel

4 ... Eve gave birth to a son and said, "By the LORD's help I have gotten a son." So she named him Cain. **2** Later she gave birth to another son, Abel. Abel became a shepherd, but Cain was a farmer. **3** After some time Cain brought some of his harvest and gave it as an offering to the LORD. **4** Then Abel brought the first lamb born to one of his sheep, killed it, and gave the best parts of it as an offering. The LORD was pleased with Abel and his offering, **5** but he rejected Cain and his offering. Cain became furious, and he scowled in anger. **6** Then the LORD said to Cain, "Why are you angry? Why that scowl on your face? **7** If you had done the right thing, you would be smiling; but because you have done evil, sin is crouching at your door. It wants to rule you, but you must overcome it."

8 Then Cain said to his brother Abel, "Let's go out in the fields." When they were out in the fields, Cain turned on his brother and killed him.

9 The LORD asked Cain, "Where is your brother Abel?" He answered, "I don't know. Am I supposed to take care of my brother?"

10 Then the LORD said, "Why have you done this terrible thing? Your brother's blood is crying out to me from the ground, like a voice calling for revenge. **11** You are placed under a curse and can no longer farm the soil. It has soaked up your brother's blood as if it had opened its mouth to receive it when you killed him. **12** If you try to grow crops, the soil will not produce anything; you will be a homeless wanderer on the earth."

13 And Cain said to the LORD, "This punishment is too hard for me to bear. **14** You are driving me off the land and away from your presence. I will be a homeless wanderer on the earth, and anyone who finds me will kill me."

15 But the LORD answered, "No. If anyone kills you, seven lives will be taken in revenge." So the LORD put a mark on Cain to warn anyone who met him not to kill him. **16** And Cain went away from the LORD's presence and lived in a land called "Wandering," which is east of Eden.

Intro:

Last week we saw how sin first came into the world and ruined the perfect relationship we could have had with God.

Big Idea: Cain, jealous because Abel's sacrifice was accepted, murdered his brother and then lied to God about it because he refused to repent.

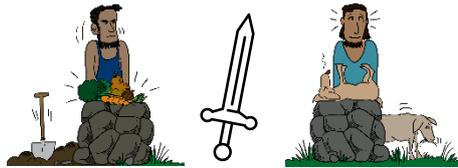
Aim: To understand that sin affects our emotions, thoughts, words and actions. Unlike Cain we must repent. God is merciful.

Understanding the story...

This week we hear about a man who did terrible things.

Cain and his brother Abel offer sacrifices to God, but God was not pleased with Cain's offering. In Hebrews 11:4 Paul says that by faith Abel offered a better sacrifice than Cain. Cain's attitude was wrong – he was angry, jealous and rebellious. God warned him to resist sin, but he chose not to.

Cain's jealousy led to anger → deceit → murder → and lying to hide his guilt. He could not hide from God. God puts a curse on Cain – he will wander the land and be unable to work the land as a farmer. Cain is full of anguish, not repentance. But God is gracious and has mercy on Cain. He puts a protective mark on him, so no one will kill him.



What does it mean for us?

We can see how sin corrupts the whole person – what Cain feels, thinks, says and does. Sin is a downward spiral and spoils relationships between people, and between people and God. It is the same in our lives. One sin can lead to another, and can show itself in our thoughts, feelings, words and actions.

But God is merciful – he forgives our sins through Jesus' death on the cross. Unlike Cain, we must say sorry for our sins and ask God to forgive us.

Memory Verse

Romans 3:23-24 [CEV](#)

23 All of us have sinned and fallen short of God's glory. **24** But God treats us much better than we deserve, and because of Christ Jesus, he freely accepts us and sets us free from our sins.

Prayer

Dear Lord, I am sorry for the wrong things I have thought, said, done and felt this week. Thank you that you forgive me because Jesus has taken my punishment on the cross. Please help me make good choices in the things I think, feel, say and do this week. Amen.

Activities

- **Fill a clear jug or bottle with water and add some food colouring, and watch it disperse. Stir or shake it a little.**
 - Ask your child: "How much of the water has been coloured by the food colouring...?" - All of it!
 - This is like sin in our lives – it affects every part of us. Not just our actions, but also what we think, feel and say.
 - Ask your child: "can you take the food colouring out of the water?" – no, this is like sin in our lives; we can't get rid of it, we need God's help. Jesus has taken the punishment for our sin so that we can be friends with God.

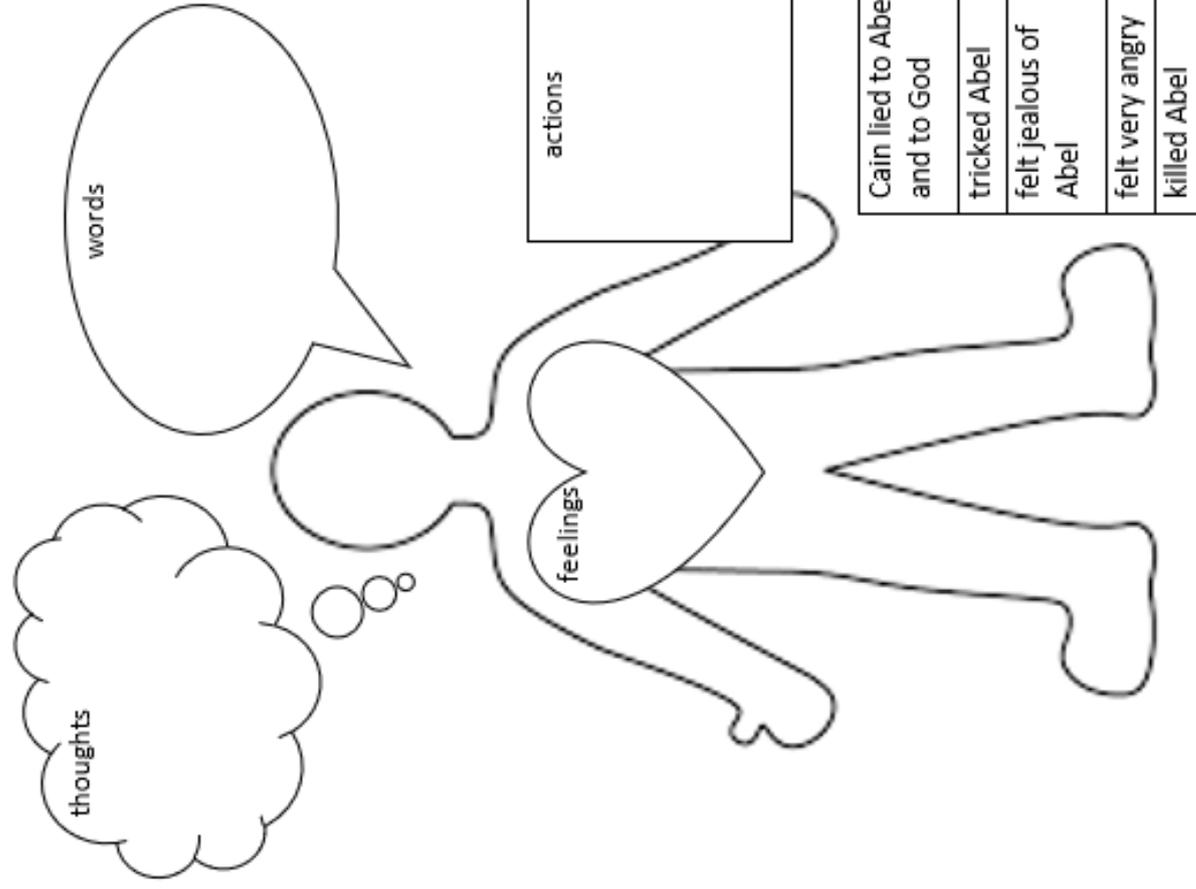
- **Add words to the outline of a person**
 - On the first picture: write on (or cut out from the table and stick on)... What did Cain think, feel, say and do in this story. Put them on the right area on the Cain outline.
 - On the second picture write, cut out or draw the wrong things that you think, feel, say and do. Examples at the bottom, or think of your own.
 - See how sin affects the whole person.

- Send Cain through the **maze** or **make your own maze** by adding lines between the dots.

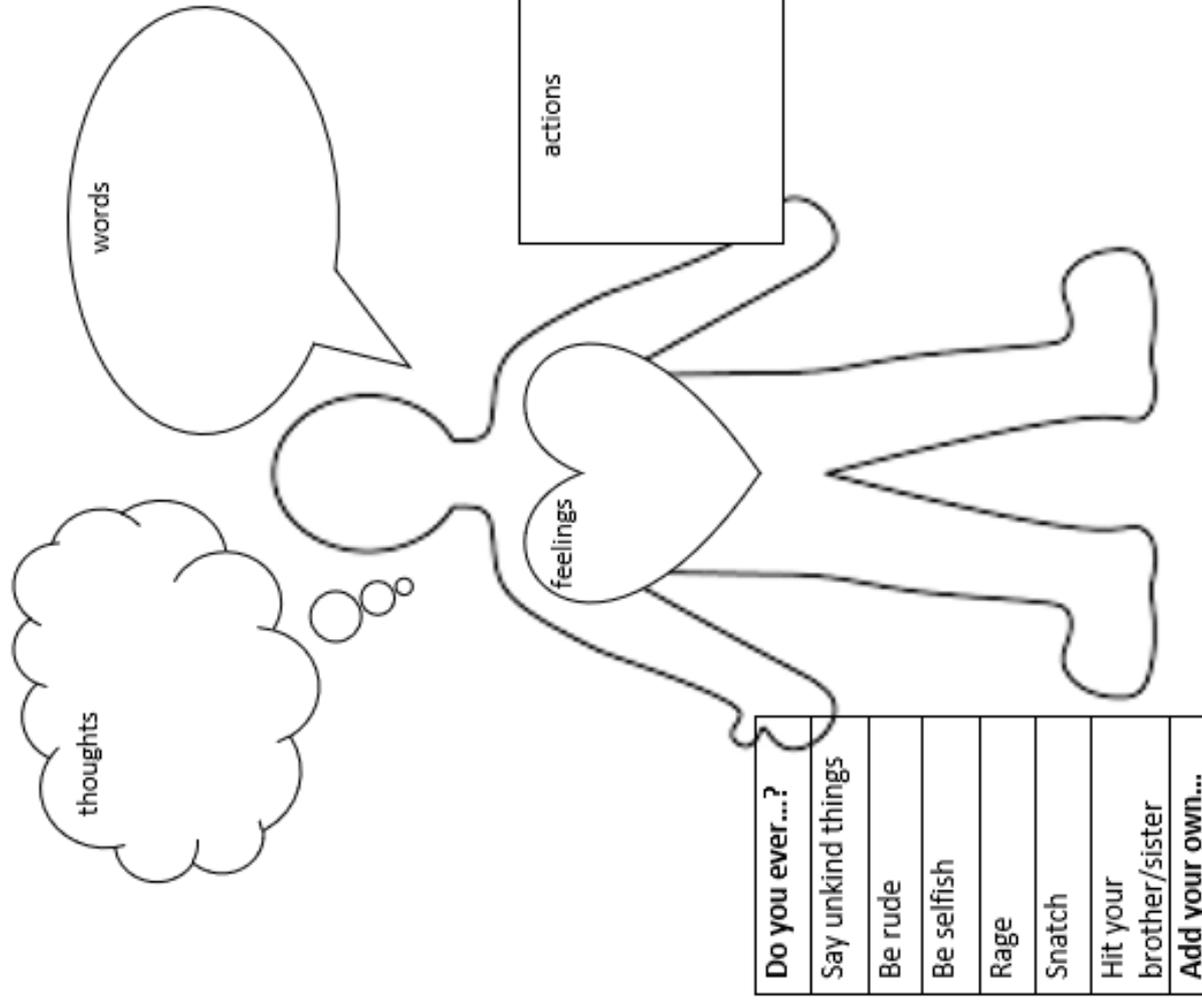
- **TnT worksheets**
 - A & B – Pebbles / Rocks
 - B – Instructions: cut off the side section, cut out the square with Cain and the knife, fold outwards along dotted line and stick back to back. Colour in the main page. Glue in the marked area on the main picture, and stick the small Cain's head picture over the main picture. They can lift the flap to see what Cain is thinking.
 - C & D – Boulders / Riprap

Sin makes us think, say, feel and do wrong things – it affects the **WHOLE** person!

What wrong things did CAIN think, say, feel, and do?



What wrong things do YOU think, say, feel, and do?



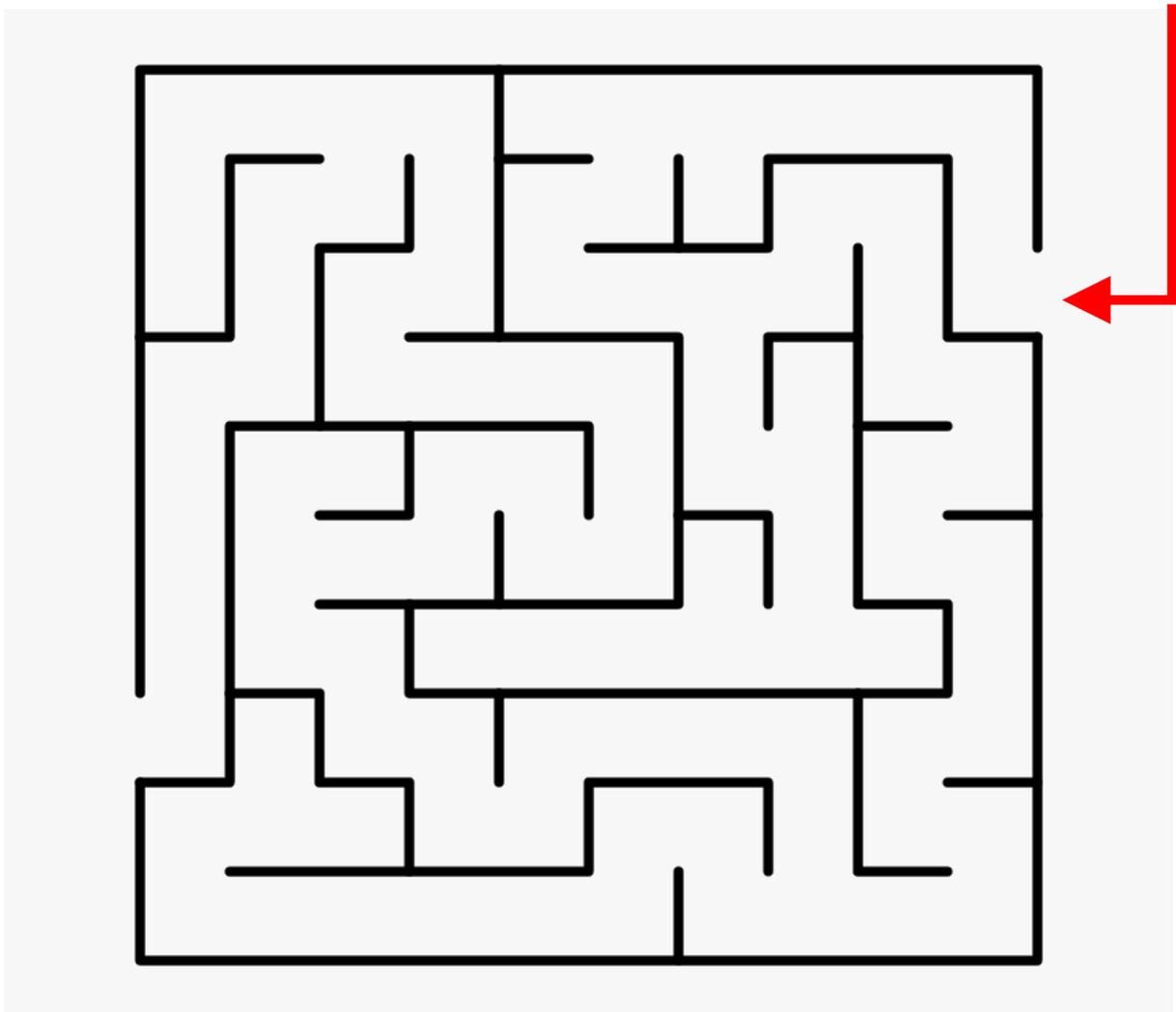
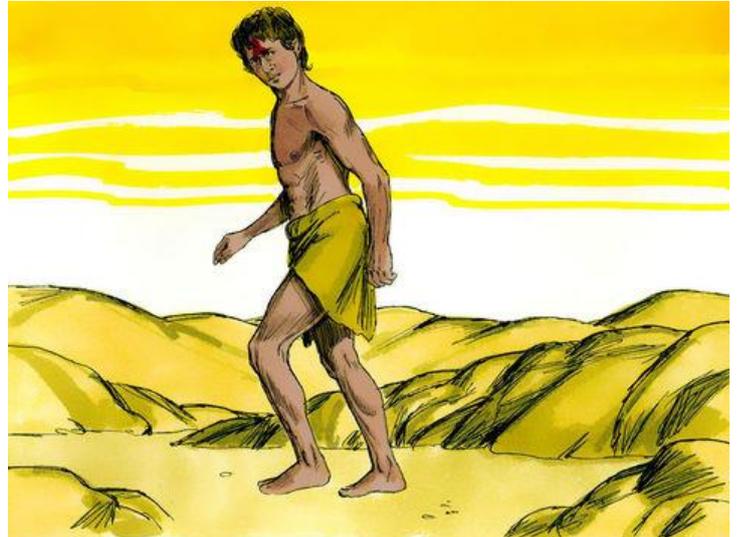
**FOR ALL HAVE
SINNED AND
FALL SHORT
OF THE GLORY
OF GOD**



ROMANS 3:23

Wandering Cain maze

- Cain killed his brother Abel, and was punished by God by being made to wander on his own on the earth. God looked after him though, even though he had done this terrible thing.
- Can you help Cain through the maze?



Make your own maze – for wandering Cain ☹️

- After Cain killed his brother Abel, he was punished by God – he was made to leave the land he lived in, he couldn't do his job as a farmer any more, he was separated from God, and had to wander without hope. But God showed him mercy by protecting him from others who might kill him.
- Add lines between the dots to make paths.

